

Fresh Green Avocado Salad with Lemon Dressing

If you're looking for a quick, refreshing, and healthy side dish, this

TIME
5 min

PRINT
Recipe Card

SAVE
PDF

SOURCE
ChefManiac

INGREDIENTS

- 3 cups arugula or mixed greens
- 1 avocado, sliced
- 1 cup cherry tomatoes, halved
- 1 cucumber, sliced
- 2 tablespoons olive oil
- 1 tablespoon lemon juice
- Salt to taste
- Black pepper to taste

DIRECTIONS

- 1.** Prepare the Greens: Place the arugula or mixed greens in a large salad bowl.
- 2.** Add the Vegetables: Top the greens with:
- 3.** Sliced avocado
- 4.** Halved cherry tomatoes
- 5.** Sliced cucumber
- 6.** Add the Dressing: Drizzle olive oil and lemon juice over the salad.
- 7.** Season: Sprinkle with salt and black pepper to taste.
- 8.** Toss and Serve: Gently toss the salad until everything is lightly coated.
- 9.** Serve immediately for the freshest flavor.

SWAPS & NOTES

One of the best things about this recipe is how flexible it is.

More recipes: [ChefManiac.com](https://chefmaniac.com)

Original recipe: <https://chefmaniac.com/fresh-green-avocado-salad-with-lemon-dressing/>