

Forgotten Chicken Recipe: Easy One-Pan Chicken & Rice Bake

(use one of the soup cans to measure)



OVEN
350°F

TIME
5-10 min

TEMP
165°F

PRINT
Recipe Card

INGREDIENTS

- 1 to 1.5 lb chicken breasts (boneless, skinless)
- 2 cups of Minute rice (instant white rice)
- 1 can (10.5 oz) cream of mushroom soup
- 1 can (10.5 oz) cream of chicken soup
- 1 can of water (use one of the soup cans to measure)
- 2 envelopes Lipton Onion Soup Mix (dry mix)
- 1 tablespoon butter (optional, for greasing dish)

Swaps and Notes:

Chicken Breasts: Boneless, skinless chicken thighs can also be used for a juicier result. You can use chicken tenderloins or cut larger breasts in half for faster cooking.

Minute Rice: Instant white rice (Minute Rice) is essential for this recipe, as it cooks quickly and absorbs the liquid perfectly in the oven. Do not substitute with regular long-grain rice or brown rice, as cooking times will be different.

Cream of Soups: The combination of cream of mushroom and cream of chicken soups creates a rich, savory, and creamy base. You can use two cans of either soup if you prefer, or even cream of celery.

Water: Using a soup can to measure the water ensures the right liquid ratio for the Minute rice. You can use chicken broth instead of water for extra flavor.

Lipton Onion Soup Mix: This is a key flavor component. Do not substitute with plain onion

powder or fresh onions alone, as the mix provides a unique blend of dehydrated onions, beef broth, and seasonings.

Butter: Greasing the dish with butter adds a bit of extra flavor and helps prevent sticking. Nonstick cooking spray also works.

DIRECTIONS

1. This "Forgotten Chicken" casserole is incredibly easy to assemble and bake, leaving you free to "forget" about it until dinner time!
2. **Preheat : Oven & Prep Dish:** Preheat your oven to 350°F (175°C). Generously grease a 9x13-inch baking dish (you can use the 1 tablespoon of butter for this, if desired).
3. **Combine : Rice Mixture:** In a medium bowl, combine the 1 can cream of mushroom soup, 1 can cream of chicken soup, 2 cups Minute rice, and one can of water (measured using one of the empty soup cans). Mix these ingredients thoroughly until well combined.
4. **Pour into : Dish:** Pour the rice mixture evenly into the prepared 9x13-inch casserole dish, spreading it to form an even layer.
5. **Arrange : Chicken:** Arrange the chicken breasts on top of the rice mixture in a single layer.
6. **Season with : Soup Mix:** Evenly sprinkle the contents of 2 envelopes Lipton Onion Soup Mix directly over the chicken breasts. This will create a delicious crust and infuse the chicken with flavor.
7. **Cover & : Bake:** Cover the baking dish tightly with aluminum foil. Place the covered dish in the preheated oven and bake for 1 hour, or until the chicken is cooked through (internal temperature should reach 165°F / 74°C) and the rice is tender and has absorbed all the liquid.
8. **Serve:** Remove from oven. Let it rest for a few minutes before serving. Enjoy your easy, delicious Forgotten Chicken!

SWAPS & NOTES

that elevates the dish to something truly special, creating a deeply satisfying flavor profile without needing a long list of seasonings.

It's a complete meal in one dish, minimizing cleanup, and always a crowd-pleaser that appeals to everyone, even picky eaters.

More recipes: [ChefManiac.com](https://chefmaniac.com)

Original recipe: <https://chefmaniac.com/forgotten-chicken-recipe-easy-one-pan-chicken-rice-bake/>

It's a classic for a reason, and it never disappoints!

You can use chicken tenderloins or cut larger breasts in half for faster cooking.