

## DIY Bubble Dough - A Fun and Easy Sensory Craft for Kids

DIY Bubble Dough - Squishy, Soapy, and So Much Fun!



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### INGREDIENTS

1 cup cornstarch

1/2 cup liquid dish soap

Optional add-ins: food coloring, glitter, essential oils (like lavender or citrus)

Notes & Tips:

**Dish Soap:** Use a gentle, non-toxic brand if your little ones tend to explore with their mouths.

**Cornstarch:** Acts as the dry base and gives the dough its signature texture.

**Scents and Colors:** Add a few drops of food coloring and essential oil for added fun. Use glitter for extra sparkle!

**Storage:** Store in an airtight container for up to 2 days (may need kneading to revive).

**How to Make Bubble Dough:**

Step 1: Combine the Cornstarch:

Step 2: Add Dish Soap:

Step 3: Adjust the Texture:

Step 4: Customize:

Step 5: Play and Store:

**Tips for Sensory Success:**

Set up on a tray or play mat for easy cleanup.

Use cookie cutters, plastic knives, or play molds to shape the dough.

Let it air-dry slightly if it's too sticky during play.

Supervise little ones-this dough isn't edible, even though it's made with safe ingredients.

Creative Play Ideas:

Make a "soap bakery" with bubble dough cupcakes or cookies.

Create a bubble dough rainbow with multiple colored batches.

Pair with unicorn poop bark for a magical themed playdate.

Add to a party favor bag with treats like jolly rancher edible shot glasses (for the older kids, of course).

Combine with spring flower pretzel bites for a color-filled snack-and-craft day.

Storage & Cleanup:

Store in airtight containers for up to 2 days.

Revive with a few drops of dish soap and a knead if it starts to dry.

Cleanup is easy: just wipe down surfaces with warm, soapy water.

More Recipes & Activities You'll Love:

Valentine's Day Heart Crayons

DIY Sidewalk Chalk

Unicorn Poop Bark

Spring Flower Pretzel Bites

Jolly Rancher Edible Shot Glasses

## DIRECTIONS

1. Step 1: Combine the Cornstarch: Pour 1 cup of cornstarch into a large mixing bowl.
2. Step 2: Add Dish Soap: Slowly stir in 1/2 cup of liquid dish soap while mixing with a spoon or your hands.
3. Step 3: Adjust the Texture: If it's too sticky, sprinkle in more cornstarch. Too dry? Add a splash more soap. Keep mixing until you reach a doughy, squishable texture.
4. Step 4: Customize: Mix in food coloring, glitter, or a few drops of essential oils. Let kids pick their own colors and scents-it adds an extra level of engagement!
5. Step 5: Play and Store: Once your dough is ready, it's time to play! Squish, mold, roll, and stretch to your heart's content. Store any leftovers in an airtight container.
6. Tips for Sensory Success: Set up on a tray or play mat for easy cleanup.
7. Use cookie cutters, plastic knives, or play molds to shape the dough.
8. Let it air-dry slightly if it's too sticky during play.
9. Supervise little ones-this dough isn't edible, even though it's made with safe ingredients.
10. Creative Play Ideas: Make a "soap bakery" with bubble dough cupcakes or cookies.
11. Create a bubble dough rainbow with multiple colored batches.
12. Pair with unicorn poop bark for a magical themed playdate.

13. Add to a party favor bag with treats like jolly rancher edible shot glasses (for the older kids, of course).
14. Combine with spring flower pretzel bites for a color-filled snack-and-craft day.
15. Storage & Cleanup: Store in airtight containers for up to 2 days.
16. Revive with a few drops of dish soap and a knead if it starts to dry.
17. Cleanup is easy: just wipe down surfaces with warm, soapy water.
18. More Recipes & Activities You'll Love: Valentine's Day Heart Crayons
19. DIY : Sidewalk Chalk
20. Unicorn : Poop Bark
21. Spring : Flower Pretzel Bites
22. Jolly : Rancher Edible Shot Glasses
23. Final Thoughts: Bubble Dough is proof that the best playtime activities are often the simplest. With just a few ingredients and endless possibilities, this squishy DIY craft brings hours of sensory fun to any day.
24. Tried it with your crew? Tag @ChefManiac and share your colorful creations! And don't forget to explore ChefManiac.com for more kid-friendly fun, DIY projects, and whimsical recipes.

## SWAPS & NOTES

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**More recipes: [ChefManiac.com](https://chefmaniac.com)**

Original recipe: <https://chefmaniac.com/diy-bubble-dough-a-fun-and-easy-sensory-craft-for-kids/>