

How to Make an Acai Bowl with Fruit and Granola

When you need something refreshing, energizing, and



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INGREDIENTS

1 packet frozen acai puree
1 banana
1 cup almond milk
1 tbsp honey
Toppings: granola, chia seeds, sliced banana, berries, coconut flakes, etc.

DIRECTIONS

1. In a high-speed blender, combine frozen acai puree, banana, almond milk, and honey.
2. Blend until smooth and thick, adding more almond milk as needed to blend.
3. Pour into a bowl.
4. Top with granola, chia seeds, fresh fruit, and any other favorites.
5. Serve immediately with a spoon-and maybe a camera, because it's beautiful!

SWAPS & NOTES

Acai : Use frozen packets or powdered acai blended with extra ice.

Banana : Freeze it beforehand for a thicker texture.

Milk : Any milk works-oat, soy, or dairy depending on your diet.

Sweetener : Swap honey with agave, maple syrup, or skip it if your banana is ripe enough.

TIPS FOR SUCCESS

Use frozen fruit for a thick, ice-cream-like consistency.

Add a scoop of protein powder or Greek yogurt for extra fuel.

Keep it cold: Chill your bowl in the freezer before assembling.

Don't over-blend or it will turn soupy-pulse just enough to smooth out the mixture. ?

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Original recipe: <https://chefmaniac.com/how-to-make-an-acai-bowl-with-fruit-and-granola/>