

## Easy Creamy Beef Pasta in One Pot - A Cozy Weeknight Favorite

One-Pot Creamy Tomato Beef Pasta



**TIME**  
**30 min**

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**ChefManiac**

### INGREDIENTS

- 1 lb (500g) ground beef
- 1%<sub>00</sub> tbsp olive oil
- 2 cloves garlic, minced
- 1 onion, finely chopped
- 2 tsp Italian herbs
- 2 tbsp tomato paste
- 14 oz (400g) crushed tomatoes or tomato passata
- %<sub>00</sub> tsp red pepper flakes (optional)
- 1%<sub>00</sub> tsp kosher salt
- %<sub>00</sub> tsp black pepper
- 4 cups (1L) low-sodium chicken broth
- 12 oz (350g) short pasta (like fusilli, penne, or elbow macaroni)
- %<sub>2</sub>cup heavy cream
- Grated Parmesan cheese, to taste
- Fresh parsley, chopped (optional garnish)

### DIRECTIONS

- Sauté the Aromatics:** In a large, heavy-bottomed pot, heat olive oil over high heat. Add garlic and onion, sauté for 1-2 minutes until fragrant.
- Brown the Beef:** Add ground beef and cook until browned and crumbled. Stir in Italian herbs and cook for 30 seconds more. Mix in the tomato paste and cook for 1 minute to develop flavor.
- Add Tomatoes, Broth, and Pasta:** Pour in crushed tomatoes, chicken broth, salt, pepper, and red pepper flakes. Stir well, then add dry pasta. Bring to a simmer and cook for 15 minutes, stirring occasionally to prevent sticking.
- Stir in Cream:** Once pasta is al dente, stir in the heavy cream. Simmer for 1-2 more minutes until the sauce is creamy and coats the pasta.
- Finish and Serve:** Remove from heat. Serve hot, topped with grated Parmesan and chopped parsley.

### TIPS FOR SUCCESS

**Choose sturdy pasta :** Penne, fusilli, or rotini hold up best in one-pot recipes.

**Adjust the liquid :** If the sauce reduces too quickly, stir in a splash of broth or water.

**Spice it up :** Add extra red pepper flakes or a pinch of smoked paprika for heat.

**Double up :** This recipe is easily scaled for leftovers or meal prep.

**More recipes:** [ChefManiac.com](https://chefmaniac.com)

Original recipe: <https://chefmaniac.com/easy-creamy-beef-pasta-in-one-pot-a-cozy-weeknight-favorite/>