

Kiwi Lime Apple Juice with Coconut Water - Nature's Electrolyte Punch

If you're looking for a natural energy boost that feels like a sip of sunshine, this



PRINT
Recipe Card

SAVE
PDF

SOURCE
ChefManiac

BINDER
Ready

INGREDIENTS

- 2 limes, peeled
- 2 kiwis, peeled
- 3 Granny Smith apples
- 8 oz coconut water

DIRECTIONS

1. ? Step 1: Juice the Base: Run the 3 apples, 1 kiwi, and 1 lime through a juicer. This will form your flavor-packed juice base.
2. ? Step 2: Blend with Fresh Fruit: Slice the remaining kiwi and lime, and blend them with the juice for added texture and full-bodied flavor.
3. ? Step 3: Add Coconut Water: Stir in 8 oz coconut water and pour over ice if desired. Serve immediately for the ultimate thirst quencher.

SWAPS & NOTES

Apples: Granny Smiths add the best tart flavor, but Fuji or Honeycrisp can be used for a sweeter juice.

Coconut Water: Use cold-pressed or unsweetened varieties for best results.

Chill your produce beforehand, or shake the juice with ice before serving.

Boost it: Add a pinch of Himalayan salt or fresh mint leaves for extra refreshment.

TIPS FOR SUCCESS

Chill everything: The cooler your fruit, the more refreshing your final drink.

Don't skip the second blend: It adds body and intensifies flavor.

Strain if preferred: For a smoother sip, strain the blended juice before serving.

More recipes: [ChefManiac.com](https://chefmaniac.com)

Original recipe: <https://chefmaniac.com/kiwi-lime-apple-juice-with-coconut-water-natures-electrolyte-punch/>