

## Homemade Dog Food Recipe: A Healthy and Delicious Meal for Your Pup

This homemade dog food recipe stands out for several reasons:



**TIME**  
**15 min**

**PRINT**  
**Recipe Card**

**SAVE**  
**PDF**

**SOURCE**  
**ChefManiac**

### INGREDIENTS

- 2 ½ pounds ground turkey
- 1 cup chopped carrots
- 1 cup peas (fresh or frozen)
- ½ cup pumpkin puree (not the spiced pie filling)
- 2 cups spinach, chopped
- 4 cups brown rice
- 1 tablespoon olive oil

### DIRECTIONS

1. In a large pot, heat the olive oil over medium heat. Add the ground turkey and cook until browned, about 3-5 minutes.
2. Add the chopped carrots and peas to the pot, stirring to combine. Cook for an additional 5 minutes.
3. Stir in the pumpkin puree and spinach, mixing well until the spinach wilts.
4. In a separate pot, cook the brown rice according to package instructions. Once cooked, add it to the turkey mixture and stir until everything is well combined.
5. Let the mixture cool before serving it to your pup. Store any leftovers in an airtight container in the fridge for up to 5 days.

More recipes: [ChefManiac.com](https://chefmaniac.com)

Original recipe: <https://chefmaniac.com/homemade-dog-food-recipe-a-healthy-and-delicious-meal-for-your-pup/>